

Online Course on Time Management

First Massive Open Online Course, Briefly Called MOOC, of KIT Combines Information with Practical Training – Time Management Course on the Internet Platform Can Be Accessed by All Interested Persons



Time is running and pressure increasing – this is a consequence of insufficient time management. A KIT-developed online training course is intended to help. (Photo: Center for Open and Distance Learning, KIT) (Text in the illustration: To do // Now // Later))

Every day, many people tend to postpone unpleasant activities, such as learning for examinations or drafting a paper. Instead of doing their work immediately, they concentrate on supposedly more urgent activities, such as surfing on the internet or cleaning their apartment. The Chair of Applied Psychology, together with the Center for Open and Distance Learning of the Karlsruhe Institute of Technology (KIT), developed a video-based online course for better self- and time management. This course will be available online on the Iversity platform in August.

Further information (in German):

http://www.kit.edu/kit/pi_2014_15402

Monika Landgraf
Chief Press Officer

Kaiserstraße 12
76131 Karlsruhe, Germany
Phone: +49 721 608-47414
Fax: +49 721 608-43658
E-mail: presse@kit.edu

**For further information,
please contact:**

Margarete Lehné
Press Officer
Phone: +49 721 608-48121
Fax: +49 721 608-43658
E-mail:
margarete.lehne@kit.edu